



Counselling



*Money
management*



Career advice

OCP

**Support and
advice for all of
life's challenges**

ocp.co.nz/book

0800 377 990

Need emergency support? Call us on 0800 377 990

Getting started with OCP

With phone, video, and face-to-face counselling & advisory sessions available, getting the support you need has never been easier



Get in touch

Visit ocp.co.nz/book or call us anytime on **0800 377 990** to connect with a support professional that suits your needs



Schedule a session

Choose a time that works for you & mention that you're booking with OCP to avoid the long public waiting list



Get your support

Remember that anything you share with your support professional is kept completely private & confidential



Costs are covered

Thanks to your organisation's relationship with us, any support you receive through OCP is completely free to you



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